



Rural Health Week Community Events (2-9 September 2007)

Where	2/9 (Sun)	3/9 (Mon)	4/9 (Tue)	5/9 (Wed)	6/9 (Thu)	7/9 (Fri)	8/9 (Sat)	9/9 (Sun)
Launceston Stuart Auckland 6324-4035	Rural Health Week Awards Gala Presentation							
Beaconsfield						• Close-Knit the Beaconsfield Community Scarf		
Campbell Town Tim Smith 6381-3382	Doing it for Ourselves							
		• Bike Ride & Free BBQ Lunch • Interactive Display • Rural Health Seminar	• Guided Tour of Kirklands Church • Woodford Hill walk	• Open Day • Beyond Blue	• IGA Supermarket Nutritional Information • Walk & Morning Tea • Positive Ageing Seminar & Information	• Old Time Dance • Art Display		
Deloraine Lester Jones 6362-5000		• Look Good, Feel Good Workshop; • Art Exhibition; • Health and Wellbeing Map project booklet launch	• Independent Living Centre Display; • Falls prevention session	• Women's Well Clinic	• Heart Health & Nutrition • Gypsy Dancing & Hand Painting	• Come and Try Day (fun & exercises)		• Community Car Boot Sale
Dorset 6352-5549	<ul style="list-style-type: none"> <li>• Interactive nutritional related activities in Branxholme, Bridport, Ringarooma, Scottsdale &amp; Winnaleah on 23-24/10</li> <li>• Supermarket sleuth tour in Scottsdale on 23/10</li> </ul>							
Exeter Jenny Gee 6394-4231					• Fightin' Fit Farmers			

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<b>Flinders Island</b> Vicky Derkley 0419 155 578	<ul style="list-style-type: none"> <li>• The Flinders Five (5km fun run)</li> <li>• Healthy Living Expo</li> </ul>							
<b>George Town</b> Peta Grlusich 6380-3620  Yvette Daw 6382-8800		<ul style="list-style-type: none"> <li>• Women Creating Together;</li> <li>• Breathe, Energise, Activate, Thrive (BEAT)</li> </ul>	<ul style="list-style-type: none"> <li>• Women Creating Together;</li> <li>• BEAT</li> </ul>	<ul style="list-style-type: none"> <li>• Women Creating Together;</li> <li>• BEAT</li> </ul>	<ul style="list-style-type: none"> <li>• Women Creating Together;</li> <li>• BEAT</li> </ul>	<ul style="list-style-type: none"> <li>• Women Creating Together;</li> <li>• BEAT</li> </ul>		
<b>Latrobe</b> Adelle Rist 6421-4650				<ul style="list-style-type: none"> <li>• Delish Day</li> </ul>				
<b>Longford</b> Lauraine Stott 6391-1202				<ul style="list-style-type: none"> <li>• Complementary Therapies Health Expo</li> </ul>				
<b>Scamanda</b> Fiona Watts 6372 5242							<ul style="list-style-type: none"> <li>• Free Fun Day</li> <li>• Dr Who Warped into Wellbeing</li> </ul>	
<b>Sheffield</b> Lyn Lucas 6491-1277		<ul style="list-style-type: none"> <li>• Stretching &amp; Exercise</li> </ul>	<ul style="list-style-type: none"> <li>• Youth Forum;</li> <li>• Art Competition</li> </ul>			<ul style="list-style-type: none"> <li>• Stretching &amp; Exercise;</li> <li>• Open Day &amp; BBQ</li> </ul>		
<b>Westbury</b> Esther Gaitskell 6393 5812						<ul style="list-style-type: none"> <li>• Spring Dance</li> </ul>		
<b>Burnie</b> Cassandra Ogden 6433-3219		<ul style="list-style-type: none"> <li>• Young People Challenging Homophobia</li> </ul>						<ul style="list-style-type: none"> <li>• Opening Day</li> </ul>

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<b>Circular Head</b> Di Murphy 6452-1266	• Planning for Ageing Expo (30 August)							
<b>Devonport</b> Cassandra Ogden 6433-3219			• Young People Challenging Homophobia					
<b>King Island</b> Sarina Laidler 6462-9954					• King Island Laughing Together (resilience workshop)	• King Island Laughing Together		
<b>Ulverstone</b> Judy Lee 6429-8425		• Open Day		• Pet Information				
<b>West Coast</b> Maggie Johnson 6471-4741	Rainbow Resilience to Rain							
		<b>Strahan</b> • Promotion of Health West services • Youth Photographic Competition Display	<b>Zeehan</b> • Rainbow craft activities • Promotion of Health West services • Health Check PIT STOP • Photographic Competition Display	<b>Queenstown</b> • Rainbow activities & artwork • Launch of Rural Health Week • Promotion of Health West services • Youth Photographic Competition Display • Resilience & Drug Education Program	<b>Rosebery</b> • Rainbow art & craft activities • Disco for under 12's • Youth Photographic Competition Display • Promotion of Health West services	<b>Tullah, Zeehan</b> • Promotion of Health West services • CWA Rainbow Scrapbooking •		

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<b>Central Highlands</b> Mary Downie 6287-2001				<ul style="list-style-type: none"> <li>• Activity Day</li> <li>• Age Care Expo</li> </ul>				
<b>Cygnnet</b> Julie Nahmani 6295 1235				<ul style="list-style-type: none"> <li>• Wire for Health Program</li> </ul>	<ul style="list-style-type: none"> <li>• Cygnnet Health Centre Open Day</li> </ul>			
<b>Derwent Valley</b> Jacquie Maginniss 6222-7658						<ul style="list-style-type: none"> <li>• Spring into Health (fun &amp; activity day)</li> </ul>		
<b>Geeveston</b> Linda Cockburn 6297-0074		<ul style="list-style-type: none"> <li>• Take Control of High Blood Pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Asthma, What's my Trigger?</li> </ul>	<ul style="list-style-type: none"> <li>• Stressbusters</li> </ul>	<ul style="list-style-type: none"> <li>• Massage for Friends &amp; Family</li> </ul>	<ul style="list-style-type: none"> <li>• Arthritis – Fact from Fiction;</li> <li>• Individual Nutrition Advice and Assessments</li> </ul>	<ul style="list-style-type: none"> <li>• Tai Chi for Beginners;</li> <li>• Pilates for Beginners</li> </ul>	
<b>Glamorgan Spring Bay</b> Britt Steiner <a href="mailto:britt.steiner@dh.hs.tas.gov.au">britt.steiner@dh.hs.tas.gov.au</a>	<ul style="list-style-type: none"> <li>• Scarecrow People on show throughout the municipality all of September. Judging on 12 &amp; 12 September.</li> <li>• Celebration of Scarecrow People in Bicheno on 14 September.</li> <li>• Film Night Launch in Triabunna on 16 September.</li> </ul>							
		<b>Triabunna</b> <ul style="list-style-type: none"> <li>• Mates Eating &amp; Meeting</li> </ul> <b>Bicheno</b> <ul style="list-style-type: none"> <li>• Great Health Week launch</li> </ul>	<b>Triabunna</b> <ul style="list-style-type: none"> <li>• Fascinating Fascinators – beating the blues</li> </ul>	<b>Swansea</b> <ul style="list-style-type: none"> <li>• Fascinating Fascinators – beating the blues</li> </ul>	<b>Bicheno</b> <ul style="list-style-type: none"> <li>• Fascinating Fascinators – beating the blues</li> </ul>		<b>Coles Bay</b> <ul style="list-style-type: none"> <li>• Family Beach Day</li> </ul>	
<b>Huon Valley</b> Jacquie Maginnis 6222-7658	<ul style="list-style-type: none"> <li>• Wired for Health (high schools in the Huon)</li> <li>• Activities Day (Port Huon)</li> <li>• Cygnnet Community Health Activities Day</li> <li>• Mosaid Morning Tea</li> </ul>							

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<b>Nubeena</b> Jacqueline Dysart <a href="mailto:Jacqueline.Dysart@tasman.tas.gov.au">Jacqueline.Dysart@tasman.tas.gov.au</a>	<ul style="list-style-type: none"> <li>• Nutrition (cooking program)</li> <li>• The Tasman Classic (fun events)</li> <li>• Pit Stop (health checks)</li> <li>• Healthy Community Awards</li> </ul>							
				<ul style="list-style-type: none"> <li>• UDRH Roadshow – Community Health Needs</li> </ul>	<ul style="list-style-type: none"> <li>• UDRH Roadshow – Chronic Disease and Physical Activity</li> </ul>			
<b>Sorell</b> Sharon Stewart 6265-6403			<ul style="list-style-type: none"> <li>• Dodges Ferry</li> <li>• Sorell Online access Centre</li> </ul>					

 North

 North West

 South

For details of individual events, please visit: <http://rhwtas.com.au/events/calendar-of-events/>

(Last Update: 31 August 2007)